



New Exam results

We are delighted to confirm ALL children passed their exams - The dance school is very proud to maintain a 100% pass rate since opening 13 years ago ☺

For ballet, ratings are:-

Pass 65-74, Merit 75-84, Distinction 85-100
All the ballet children received a Merit or above which is a testament to the hard work they put into their exams with the support of their teachers and family.

Well done to the following children who received a Distinction:-

Summer Tyson, Ella Hind, Sophie Appelbe and Jennifer Bodger

For Musical Theatre and Street dance, ratings are:-

Pass 65-74, Commended 75-79,
Highly Commended 80-84, Honours 85-100
Our musical theatre group achieved a Highly Commended rating which was fantastic.
Our Street dance group achieved Honours, which they thoroughly deserved having had multiple changes to their routine in recent weeks
Well Done **Jasmine Stephens, Marisa Pereira, Nell Johnson, Poppy Dalton and Scarlett Mae Tilly**

New Class time changes

All class times remain the same from 23/11 except:-
No stretch class
8.45-9.45 Grade 5
9.45-10.25 Baby Ballet
10.30-11.10 Baby Ballet will change to Prep

Reminder Miss Gemma's leaving

Miss Gemma will be leaving us on Sat 7th Dec after 10 years teaching at the dance school, I'm sure you'll all join me in saying she will be sadly missed ☹️
Miss Emily will take our Saturday classes from Jan; lots of children already know Miss Emily and got the opportunity to meet her on their exam day.

Reminder Dance workshops

Our next dances workshop dates are
Easter 06/04-08/04 WE WILL ROCK YOU.
Summer 03/08-07/08 MADAGASCAR
Places can be booked from Jan so get in touch if you'd like your child to attend.

New Presentation Day

Our exam presentation day will be at
Northwich Memorial Hall
Sat 16th Nov 14.30-16.00

This is when all the children get to perform on stage in costumes and receive their exam awards
Tickets will be available until 14th Nov (there will be no tickets available Sat 16th Nov) Tickets are **£4.50 each** (with 50p donated to charity)
(cash only purchases – tickets lost cannot be replaced so please keep them safe)

Children performing don't need a ticket, neither do babies in car seats however, we do need to know if any babies are attending for fire reasons.

We have 8 helpers who will be allowed to enter the hall at 2pm to select their seats prior to the doors opening for everyone else – all helpers will have an email over the next 10 days confirming plans for assisting.

All children should arrive in their costumes and seated with their fellow dancers at the front of the hall. Please ensure your child sits in the seat with their name on.

Family and friends can sit in any unreserved seats.

Hair

Ballerinas – ballet buns, except Grade 5.

Musical theatre and Street dance groups – as discussed in class

Please offer the children the toilet before they are seated and limit drinks beforehand if possible.

NO FILMING but **photographs can be taken**

If anyone has any questions please check if the answer is in our newsletters, for any additional questions please contact Miss Sharon **before Fri 15th** as she won't be available to answer queries on Sat 16th with organising the event.

Raffle tickets will be available so please bring some pennies and support the charity – wine and selection boxes up for grabs

50p a ticket or a strip of 5 for £2

New Enrolment and Term dates

Autumn Term

w/c 2nd Sept – w/c 2nd Dec

Winter enrolment Thurs 28th & Sat 30th Nov

It is a 12 week term

£54.00 (£48.00 siblings/multiple classes)

Gd3 and Gd5 £72.00

Winter term restarts w/c 8th Jan



Reminder. Class price changes

Having only increased our pricing twice in the last 5 years, there will be a few class price changes from January to bring us in line with classes offered in the area and any forthcoming hall hire increases.

All classes will increase by 20p, Yoga by 50p and Zumba gold will remain the same as it has been for over 5 years.

Pricing from Jan

- Clubbercise, Konga and Tyga £5.00 > £5.20
- Zumba £5.50 > £5.70
- Zumba gold £4.50 no change
- Yoga £5.50 > £6.00
- Sunday Restorative / relaxation £6 > £6.50
- Monthly weekday class passes £44 > £45

Multi class discounts will still apply
15% if book 5 or more classes at once
20% if book 10 or more classes at once
10% discount off Saturday class courses
Loyalty cards will still be available

NEW Power Fitness Hoodies

We have 3 black hoodies available for £27 in size Large - if anyone would like to purchase one to help them stay warm arriving/leaving class please let Sharon know

Reminder Autumn class timetable

Thank you for everyone who confirmed when they plan to attend classes leading up to the festive season.

Based on your feedback classes will be available **until Thurs 12th Dec** however, we appreciate things come up and should attendance booked not reflect the anticipated attendance, classes may be cancelled nearer the time - no classes were cancelled last year so fingers crossed ☺

NEW Free Class Winners

Our Facebook competition was drawn last weekend for everyone who shared our Power Fitness FaceBook page, and the winners of a free November class were **Jacinta Jackson, Louise Roberts, Petra Fowles and Laura Perrie**

NEW Mon 30th Dec classes

In Power Fitness tradition, we will be holding a class in between Christmas and New Year to help burn off any over indulgence ready for the New Year celebrations.

Places are strictly limited

Clubbercise 6.30-7.15pm

Polish Club, Northwich

Come along to our pre New Year party without the hang over!!

Reminder Restorative classes

Our restorative/relaxation classes are held once a month on a Sunday evening to help prepare you for the fight or flight stresses the week may bring.

Feedback for this class has been amazing ☺

These classes are very gentle classes for all abilities. Bring your pillows/cushions/blankets, even come in your PJ's if you wish to enjoy the full relaxation - give yourself time back to recharge your wellbeing.

Our last class of the year is

Sun 1st Dec

Davenham Methodist Hall 7.30-8.30pm

Come along and join us and allow yourself the time to recharge and release stress ahead of the busiest time of the year.

Our forthcoming New Year dates leading up to Easter are 19/01, 09/02, 08/03 and 05/04

New Saturday TYGA class

Our last 4 week course of the year starts Sat 16th Nov

Cuddington Hall 8.45-9.30am - £18.00

Come and join us to kick start your metabolism for the weekend ahead - prepare to get sweaty ☺

New Advance Annual leave dates

There will be no classes on the following dates:-

Christmas break - last class 12th Dec, classes recommence 6th Jan '20

Easter break - Mon 6th Apr - Mon 20th Apr

Spring break - Mon 10th May

Summer break - Mon 17th Aug - Tues 1st Sept

Booking page reservation link <https://bookwhen.com/powerfitnessnorthwich>

Summary of class timetable http://dancingkidzdance.co.uk/adult_classes.html