



## NEW Miss Gemma- Congratulations

Please join me in congratulating Miss Gemma and her hubby Jon who are expecting their second child in February ☺

Miss Gemma will commence maternity leave at the end of this term - sadly after 10 years teaching at the dance school, Miss Gemma will not be returning once the baby is born. I'm sure you'll all join me in saying she will be sadly missed ☺

Miss Emily will take our Saturday classes from Jan, lots of children already know Miss Emily, but everyone else will get an opportunity to see meet her at our mock exam and exam days.

## NEW Presentation Day

Our exam presentation day will be at  
**Northwich Memorial Hall**  
**16<sup>th</sup> Nov 14.30-16.00**

This is when all the children get to perform on stage in costumes and receive their exam awards. Tickets will be **£4.50 each** (50p donated to charity) and **available from 7<sup>th</sup> Oct**. Children performing don't need a ticket, neither do babies in car seats however, we do need to know if any babies are attending for fire reasons.

### 9 Helpers needed

We need helpers to assist us setting up and assist the children on/off the stage - If you volunteer to help, you will be given priority entry to select your seats before doors open ☺ we will also make sure you are not volunteering whilst your child performs.

**PLEASE LET US KNOW IF YOU WOULD LIKE TO VOLUNTEER AS A HELPER ASAP**

Costumes are confirmed below - there have been some changes due to our supplier price increases. Baby Ballet, Prep ballet, Musical theatre and Zumba costumes are to be ordered directly from Amazon (email with links has been provided) The remaining costume orders must be received by 5<sup>th</sup> Oct so arrive in time for a class dress rehearsal on 26<sup>th</sup> Oct.

## Reminder Dance workshops

Our next dances workshop dates are

**Easter 06/04-08/04 WE WILL ROCK YOU.**

**Summer 03/08-07/08 MADAGASCAR**

Any children who attended our summer workshop can reserve Easter places now. Places will then be open to the remaining dance school children in Jan.

## New Examinations / Practice

IDTA have now confirmed our examiner. All practise sessions and the exam are held at  
**Owley wood rec club, Barrymore Road, Weaverham, CW8 3LS**

**Practice days** - Sun 29<sup>th</sup> Sept, 6<sup>th</sup> Oct

**Mock Exam day** - 13<sup>th</sup> Oct

**Exam day** - 20<sup>th</sup> Oct

### Practice days

Children get to practise in the exam room.

### Mock Exam day

This is a run through of how the exam day will be without the examiner. Children are not permitted to wear jewellery, nail varnish, temporary tattoos etc.

**Children will need to be ready for their mock exam / exam timeslot 30 minutes beforehand, just in case the schedule runs ahead of time.**

*If children miss their exam time it cannot be rescheduled on the day.*

There will be a waiting area for everyone; children will be called into their exam when ready to go in.

### Exam day

Hopefully a stress free day ☺

Exam results can take up to 4 weeks -once received we will share with everyone.

### Clothing requirements

Baby ballet, Preparatory and Primary ballet - black leotard, skirt, pink ballet shoes, ballet socks.

Hair - ballet bun (no fringes - use headband if needed)

Grade 1, 3 and 5 Ballet - black leotard, pink ballet tights and ballet shoes.

Hair - as above

Musical Theatre - black dance school t-shirt, black leggings, white socks, black jazz shoes

Hair - pony tail (no fringes)

Street dance (Zumba) - yellow dance school t-shirt, black leggings, trainers (no flashing lights)

Hair - pony tail (no fringes)

*If any new clothing items are required we suggest purchasing in advance - there will be no items available to purchase at Owley Wood Club*

## Reminder Term dates

### Autumn Term

w/c 2<sup>nd</sup> Sept - w/c 2<sup>nd</sup> Dec

**HALF TERM w/c 28<sup>th</sup> Oct**

*Winter enrolment w/c 25<sup>th</sup> Nov*

Newsletter Page [http://dancingkidzdance.co.uk/Parent\\_Page.html](http://dancingkidzdance.co.uk/Parent_Page.html)

Dance School Facebook Page <https://www.facebook.com/pages/Dancingkidz-school-of-dance/110427369016424?ref=hl>

# EXAM SCHEDULE 2019

Number	Ribbon	Child's name	Examination	29-Sep	06-Oct	13/10 Mock exam 20/10 Exam
1	PINK	Poppy Pimblott	Ballet Rosette		10.00-10.15	10.00-10.05
2	BLUE	Sophia Baverstock				
3	YELLOW	Thea Morris				
4	LILAC	Lucia Shrewsbury-Davis				
5		Skyla Topham				
6	ORANGE	Isabella Toon				
7	GREEN	Joyce Cao				
8	CREAM	Esmai Appleton				
9	PINK	Harriet Whitehouse	Ballet Rosette		10.15-10.30	10.05-10.10
10	BLUE	Ella Doherty				
11	YELLOW	Ivy Ellershaw				
12	LILAC	Arlo Hind				
13		Anna-Rose Bamford				
14	ORANGE	Isla Farnham				
15	GREEN	Quinn Jones				
16	CREAM	Niamh Tracey				
17	PINK	Emily Watkins	Preparatory Ballet		10.30-11.00	10.10-10.25
18	ORANGE	Evie Clifton				
19	LILAC	Annie Worstencroft				
20	YELLOW	Jess McDermott	Preparatory Ballet		11.00-11.30	10.25-10.40
21	PINK	Zaara Mathew				
22	ORANGE	Evie Boyle				
23	LILAC	Jess Day				
24	YELLOW	Amelia Wilshaw				
<b>Break time</b>						10.40-11.00
25	NA	Jasmine Stephens	Musical Theatre Introductory	9.30-10.00		11.00-11.15
26	NA	Emily Macloed				
27	NA	Scarlett Mae Tilley				
28	ORANGE	Harriette Clarke				
29	NA	Lucy Macloed				
30	YELLOW	Ella Hind				
31	GREEN	Alice Hopwood				
32	NA	Fleur Baines				
33	LILAC	Evie Wheldon				
34	PINK	Imogen Endress				
35	NA	Annie Smith				
36	NA	Nell Johnson	Streetdance (Zumba kids)	9.00-9.30		11.15-11.20
37	NA	Jasmine Stephens				
38	NA	Alaya Taylor				
39	NA	Marisa Pereira				
40	NA	Scarlett Mae Tilley				
41	NA	Poppy Dalton				
42	LILAC	Kiulu Ovenden	Grade 1	11.10-11.50		11.20-11.35
43	YELLOW	Chloe Wood	Grade 1	10.30-11.10		11.35-11.50
44	LILAC	Sophie Ellender	Grade 1 Class assessment	10.00-10.30		11.50-12.00
45	YELLOW	Ella Hind	Primary ballet	11.50-12.20		12.00-12.15
46	LILAC	Evie Wheldon				
47	YELLOW	Sreshta Rakeesh				
48	PINK	Imogen Endress	Primary ballet	12.20-12.50		12.15-12.30
49	YELLOW	Grace Williams				
50	LILAC	Summer Tyson				
51	PINK	Cerys Whitehead	Grade 3	13.30-14.10	12.00-12.40	13.00-13.20
52	GREEN	Alice Hopwood				
53	LILAC	Jasmine Lastoweckyl				
<b>Lunch time</b>						
54	PINK	Freya Stamper-Clark	Grade 3	12.50-13.30	12.40-13.20	13.20-13.40
55	YELLOW	Kim Waterhouse				
56	LILAC	Nina Mewies				
57	PINK	Olivia Clifton	Grade 5	14.10-15.10		13.40-14.10
58	YELLOW	Megan Keeling				
59	LILAC	Sophie Applebe	Grade 1	10.30-11.10		14.10-14.25
60	LILAC	Millie Woods				
61	YELLOW	Jennifer Bodger				
62	YELLOW	Jennifer Bodger				

# Presentation Day 16<sup>th</sup> November Costumes (@ 20<sup>th</sup> September)

Class dress rehearsal - Thurs 24<sup>th</sup> and Sat 26<sup>th</sup> October



**Baby ballet class**  
Order directly from Amazon £13.34

[https://www.amazon.co.uk/dp/B07QS6M835/ref=cm\\_sw\\_r\\_cp\\_api\\_ld.GDb95R936P](https://www.amazon.co.uk/dp/B07QS6M835/ref=cm_sw_r_cp_api_ld.GDb95R936P)

Price: £8.35 + £4.99 delivery  
Get £6 extra when you top up £80 or more  
Note: Not eligible for Amazon Prime.



**Prep - amazon  
t-shirt and skirt £23**



**Primary  
£27.50**

Size	Extra Small		Small		Medium		Large		Extra Large	
	CM	INCH	CM	INCH	CM	INCH	CM	INCH	CM	INCH
Bust	53-58	21-23	61-66	24-26	66-71	26-28	71-76	28-30	79-84	31-33
Waist	48-53	19-21	56-58	22-23	58-61	23-24	61-64	24-25	65-67	26-28
Hips	53-58	21-23	61-66	24-26	66-71	26-28	74-79	29-31	79-84	31-33
Girth	94-101	37-40	104-112	41-44	117-119	45-47	122-127	48-50	129-135	51-53



**Grade 1  
£30.00**

Age	3-5		6-8		9-11		12+	
	CM	INCH	CM	INCH	CM	INCH	CM	INCH
Height	80-90	31-35	90-100	35-39	100-110	39-43	110-120	43-47
Chest	50-55	20-22	55-60	22-24	60-65	24-26	65-70	26-28
Waist	40-45	16-18	45-50	18-20	50-55	20-22	55-60	22-24
Hips	50-55	20-22	55-60	22-24	60-65	24-26	65-70	26-28
Length	100-110	40-44	110-120	44-48	120-130	48-52	130-140	52-56




**Grade 3  
£33/£35.50(adult)**

Size	Extra Small		Small		Medium		Large		Extra Large	
	CM	INCH	CM	INCH	CM	INCH	CM	INCH	CM	INCH
Bust	53-58	21-23	61-66	24-26	66-71	26-28	71-76	28-30	79-84	31-33
Waist	48-53	19-21	56-58	22-23	58-61	23-24	61-64	24-25	65-67	26-28
Hips	53-58	21-23	61-66	24-26	66-71	26-28	74-79	29-31	79-84	31-33
Girth	94-101	37-40	104-112	41-44	117-119	45-47	122-127	48-50	129-135	51-53



**Grade 5  
£35 (adult)**

UK Dress Size	Extra Small		Small		Medium		Large	
	CM	INCH	CM	INCH	CM	INCH	CM	INCH
8	36	14	38	15	40	16	42	17
10	38	15	40	16	42	17	44	18
12	40	16	42	17	44	18	46	19
14	42	17	44	18	46	19	48	20
16	44	18	46	19	48	20	50	21



**Zumba kids  
Hip hop outfit £21.60  
Black cap £1.79**

Direct from amazon  
Sizes 5/6, 7/8, 9/10, 11/12, 13/14



## NEW Thurs 26<sup>th</sup> Sept - Konga

Leftwich High has a school event on the above date. We have rescheduled our class to Hartford Church Hall 7.10-7.55. If you have booked the class your reminders will confirm the location if unsure.

## NEW Restorative /Relaxation class

Our first session was a huge success – feedback was amazing – thank you to everyone who attended ☺

Our restorative/relaxation classes are held once a month on a Sunday evening to help prepare you for the fight or flight stresses the week may bring. These classes are very gentle classes for all abilities. Bring your pillows/cushions/blankets, even come in your PJ's if you wish to enjoy the full relaxation – give yourself time back to recharge your wellbeing.

Our next class will take place on

**Sun 06/10 7.30-8.30 Davenham Meth Hall**

*You can book 2 months in advance*

Forthcoming 2019 dates - 03/11 and 01/12

## NEW Mon 30<sup>th</sup> Dec classes

In Power Fitness tradition, we're looking to offer a class(es) in between Christmas and New Year to help burn off the over indulgence from the festive season before the New Year celebrations.

If you'd like to attend a class please use the below link to vote for the class that you'd like – voting preferences so far Clubbercise (11), Konga (8), Zumba (4)

<https://www.surveymonkey.com/r/6WDX788>

## NEW Power Fitness Workshop

We had a giggle at our workshop early sept – we even had a visitor 'mouse' try to gate crash ☺  
Our next workshop will be next June / July. We'll get your feedback on preferred dates nearer the time.

## Reminder Christmas Night out

Louise Roberts is kindly arranging our Christmas night out – please ensure all final payments are passed to Louise by 1<sup>st</sup> October.

**Sat 7<sup>th</sup> Dec - £69.50 (minus £10 deposit)  
Tatton Hall Masquerade Ball**

## NEW Power Fitness Hoodies

A number of ladies have been asking if we have any hoodies available. We actually order hoodies based on your requirements for colour and size. If there is enough interest for new hoodies we can certainly submit an order. The pricing will depend on how many we request, but usually around £24-£28 each. If you'd like a hoodie please let me know by end sept and I can get some pricing based on interest.

## Reminder Cheshire Walk

I have the absolute pleasure of opening the Cheshire Walk again this year with a cheeky warm up.

**Arley Hall**

**Sat 12<sup>th</sup> October (11am start)**

We have set up a fundraising page if anyone would like to join us and link your fundraising page to the group - the team invite code is MW88137 or wish to make a donation.

<https://www.memorywalk.org.uk/find-a-walk/cheshire-2019/?team=MW88137>

## Reminder Autumn class timetable

As the busy run up to Christmas will soon be upon us, throughout Oct, we'll be asking what classes you'd like to attend throughout Nov /Dec to allow us to confirm before 1<sup>st</sup> Nov. If you start checking your diaries that would be great ☺

We will run classes if enough participants are around each evening, but always check as appreciate there are lots of other activities that demand you time at this time of year also.

## Reminder Saturday TYGA class

Our autumn course started on 7<sup>th</sup> Sept. We have 3 PAYG places available each week if anyone would like to join us.

Come along and kick start your metabolism for the weekend ahead – prepare to get sweaty ☺

## Reminder Class payments

Due to a change in PSD2 regulations, there will be additional security checks to help mitigate fraud when you make a payment for class bookings via the 'bookwhen' booking page which directs to Stripe.

**Booking page reservation link** <https://bookwhen.com/powerfitnessnorthwich>

**Summary of class timetable** [http://dancingkidzdance.co.uk/adult\\_classes.html](http://dancingkidzdance.co.uk/adult_classes.html)