



NEW Dance workshops



Our summer workshop was thoroughly enjoyable and your feedback was amazing – thank you to all the children, parents and family members who came along to watch the children perform.

Our next workshop will be
Easter 06/04-08/04

anticipated theme - **WE WILL ROCK YOU.**

Then our **summer workshop 03/08-07/08**
anticipated theme - **MADAGASCAR**

Reminder Term dates

Autumn Term

w/c 2nd Sept – w/c 2nd Dec

HALF TERM w/c 28th Oct

Winter enrolment w/c 25th Nov

Winter Term

w/c 2nd Sept – w/c 2nd Dec

HALF TERM w/c 28th Oct

Winter enrolment w/c 28th Nov

Reminder Exam schedule - amended

There is a slight change to practise / exam times from 10.30am – please review the amended schedule and update diaries accordingly

Class	Exam / practise fees	29-Sep	06-Oct	Mock Exam 13/10 & 20/10
Baby Ballet	£20		10.00-10.15	10.00-10.05
Baby Ballet			10.15-10.30	10.05-10.10
Preparatory Ballet	£29		10.30-11.00	10.10-10.25
Preparatory Ballet			11.00-11.30	10.25-10.40
BREAK				10.40-11.00
Musical Theatre	£25	9.30-10.00		11.00-11.15
Zumba (streetdance)	£27	9.00-9.30		11.15-11.20
Grade 1 Ballet	£39	11.10-11.50		11.20-11.35
Grade 1 Ballet		10.30-11.10		11.35-11.50
Grade 1 (CA)	£24	10.00-10.30		11.50-12.00
Primary Ballet	£34	11.50-12.20		12.00-12.15
Primary Ballet		12.20-12.50		12.15-12.30
LUNCH				12.30-13.00
Grade 3 Ballet	£49	13.30-14.10	12.00-12.40	13.00-13.20
Grade 3 Ballet		12.50-13.30	12.40-13.20	13.20-13.40
Grade 5 Ballet	£55	14.10-15.10		13.40-14.10
Grade 1 Ballet (Jenny)	£39	10.30-11.10		14.10-14.25

Reminder Examinations/ Practice

IDTA have confirmed our exam date ☺
We will know if there are any further changes to timings once the examiner has been allocated and reviewed

Owley wood rec club, Weaverham

Practice days – Sun 29th Sept, 6th Oct

Mock Exam day – 13th Oct

Exam day – 20th Oct

Practice days

Children get to practise in the exam room they will be entering their exam in. This gives them an opportunity to familiarise themselves with the room layout/ pacing etc and for us to support them with anything they may still be challenged with.

Mock Exam day

This is a run through of how the exam day will run without the examiner present. Everyone should treat the mock day like an exam day with regards to clothing, no makeup, jewellery, nail varnish, tattoos etc.

Children will need to be ready for their exam timeslot 30 minutes beforehand, just in case the schedule runs ahead of time.

Exam day

The schedule will be the same as the mock exam day, with hopefully less pressure for everyone as everyone will know what to expect ☺
Exam results can take up to 4 weeks to be received and once known will confirm ahead of the presentation day in November

Northwich Memorial Hall

Presentation day - 16th Nov

This is when all the children get to perform on stage in costumes and receive their exam awards

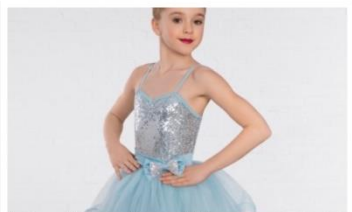
Tickets will be £4.50 each and available in class from September. Children performing do not need a ticket, babies in car seats / carrier do not need tickets but we do need to know if any babies will be attending for fire reasons.

Costumes are confirmed below and need to be ordered by 28th October so they can be ordered and arrive in time for a class dress rehearsal in October – see attached summary of costumes for each class.

EXAM SCHEDULE 2019

Number	Ribbon	Child's name	Examination	29-Sep	06-Oct	13/10 Mock exam 20/10 Exam
1	PINK	Poppy Pimblott	Ballet Rosette		10.00-10.15	10.00-10.05
2	BLUE	Sophia Baverstock				
3	YELLOW	Thea Morris				
4	LILAC	Lucia Shrewsbury-Davis				
5		Skyla Totham				
6	ORANGE	Isabella Toon				
7	GREEN	Joyce Cao				
8	CREAM	Esmal Appleton				
9	PINK	Harriet Whitehouse	Ballet Rosette		10.15-10.30	10.05-10.10
10	BLUE	Ella Doherty				
11	YELLOW	Ivy Ellershaw				
12	LILAC	Scarlett Cooke				
13		Anna-Rose Bamford				
14	ORANGE	Isla Farnham				
15	GREEN	Quinn Jones				
16	CREAM	Niamh Tracey	Preparatory Ballet		10.30-11.00	10.10-10.25
17	PINK	Emily Watkins				
18	ORANGE	Evie Clifton				
19	LILAC	Annie Worstencroft				
20	YELLOW	Jess McDermott	Preparatory Ballet		11.00-11.30	10.25-10.40
21	PINK	Zaara Mathew				
22	ORANGE	Evie Boyle				
23	LILAC	Jess Day				
24	YELLOW	Amelia Wilshaw				
Break time						10.40-11.00
25	NA	Jasmine Stephens	Musical Theatre Introductory	9.30-10.00		11.00-11.15
26	NA	Emily Macloed				
27	NA	Scarlett Mae Tilley				
28	ORANGE	Harriette Clarke				
29	NA	Lucy Macloed				
30	YELLOW	Ella Hind				
31	GREEN	Alice Hopwood				
32	NA	Fleur Baines				
33	LILAC	Evie Wheldon				
34	PINK	Imogen Endress				
35	NA	Annie Smith				
36	NA	Nell Johnson	Streetdance (Zumba kids)	9.00-9.30		11.15-11.20
37	NA	Marisa Pereira				
38	NA	Jasmine Stephens				
39	NA	Alaya Taylor				
40	NA	Scarlett Mae Tilley				
41	NA	Poppy Dalton				
42	LILAC	Kiulu Ovenden	Grade 1	11.10-11.50		11.20-11.35
43	YELLOW	Chloe Wood	Grade 1	10.30-11.10		11.35-11.50
44	LILAC	Sophie Ellender				
45	YELLOW	Ella Hind	Grade 1 Class assessment	10.00-10.30		11.50-12.00
46	LILAC	Evie Wheldon				
47	YELLOW	Sreshta Rakeesh	Primary ballet	11.50-12.20		12.00-12.15
48	PINK	Imogen Endress				
49	YELLOW	Grace Williams				
50	LILAC	Summer Tyson	Primary ballet	12.20-12.50		12.15-12.30
51	PINK	Cerys Whitehead				
52	GREEN	Alice Hopwood				
53	LILAC	Jasmine Lastoweckyl				
Lunch time						12.30-13.00
54	PINK	Freya Stamper-Clark	Grade 3	13.30-14.10	12.00-12.40	13.00-13.20
55	YELLOW	Kim Waterhouse				
56	LILAC	Nina Mewies				
57	PINK	Olivia Clifton	Grade 3	12.50-13.30	12.40-13.20	13.20-13.40
58	YELLOW	Megan Keeling				
59	LILAC	Sophie Applebe				
60	LILAC	Millie Woods	Grade 5	14.10-15.10		13.40-14.10
61	YELLOW	Jennifer Bodger				
62	YELLOW	Jennifer Bodger	Grade 1	10.30-11.10		14.10-14.25

**Presentation Day costumes for ordering in September -
Musical Theatre parents have links for items depending on characters**



Baby ballet £20

	SMALL		MEDIUM		LARGE		EXTRA LARGE	
AGE	2-3		3-5		6-8		9-11	
	CM	INCH	CM	INCH	CM	INCH	CM	INCH
HEIGHT	92-98	36-38.5	98-110	38.5-43.5	116-128	45.5-50.5	134-146	53-57.5
CHEST	52-53.5	20.5-21	53.5-56	21-22	58-62	23-24.5	65-73	25.5-28.5
WAIST	49-51	19-20	51-52	20-20.5	53-55	21-21.5	57-61	22.5-24
HIPS	53-55	20.5-21.5	55-60	21.5-23.5	63-69	24.5-27	72-79	28.5-31



Primary - £27.50

	SMALL		MEDIUM		LARGE		EXTRA LARGE	
AGE	2-3		3-5		6-8		9-11	
	CM	INCH	CM	INCH	CM	INCH	CM	INCH
HEIGHT	92-98	36-38.5	98-110	38.5-43.5	116-128	45.5-50.5	134-146	53-57.5
CHEST	52-53.5	20.5-21	53.5-56	21-22	58-62	23-24.5	65-73	25.5-28.5
WAIST	49-51	19-20	51-52	20-20.5	53-55	21-21.5	57-61	22.5-24
HIPS	53-55	20.5-21.5	55-60	21.5-23.5	63-69	24.5-27	72-79	28.5-31



**Prep - amazon
pjs and skirt £23**



Grade 1 -£27.50

	SMALL		MEDIUM		LARGE		EXTRA LARGE	
AGE	2-3		3-5		6-8		9-11	
	CM	INCH	CM	INCH	CM	INCH	CM	INCH
HEIGHT	92-98	36-38.5	98-110	38.5-43.5	116-128	45.5-50.5	134-146	53-57.5
CHEST	52-53.5	20.5-21	53.5-56	21-22	58-62	23-24.5	65-73	25.5-28.5
WAIST	49-51	19-20	51-52	20-20.5	53-55	21-21.5	57-61	22.5-24
HIPS	53-55	20.5-21.5	55-60	21.5-23.5	63-69	24.5-27	72-79	28.5-31

Grade 3 -£31/£33.50(adult)



	SMALL		MEDIUM		LARGE		EXTRA LARGE	
AGE	3-5		6-8		9-11		12+	
	CM	INCH	CM	INCH	CM	INCH	CM	INCH
HEIGHT	92-98	36-38.5	98-110	38.5-43.5	116-128	45.5-50.5	134-146	53-57.5
CHEST	52-53.5	20.5-21	53.5-56	21-22	58-62	23-24.5	65-73	25.5-28.5
WAIST	49-51	19-20	51-52	20-20.5	53-55	21-21.5	57-61	22.5-24
HIPS	53-55	20.5-21.5	55-60	21.5-23.5	63-69	24.5-27	72-79	28.5-31

SIZE	EXTRA SMALL	SMALL	MEDIUM	LARGE	EXTRA LARGE	EXTRA EXTRA LARGE
UK DRESS SIZE	8	10	12	14	16	18
EU DRESS SIZE	36	38	40	42	44	46
US DRESS SIZE	4	6	8	10	12	14
IT DRESS SIZE	40	42	44	46	48	50



Grade 5 - £30

UK DRESS SIZE	8	10	12	14	16	18		
EU DRESS SIZE	36	38	40	42	44	46		
US DRESS SIZE	4	6	8	10	12	14		
IT DRESS SIZE	40	42	44	46	48	50		
CM	INCH	CM	INCH	CM	INCH	CM	INCH	
CHEST	76-81	30-32	81-86	32-34	86-91	34-36	91-96	36-38
WAIST	56-61	22-24	61-66	24-26	66-71	26-28	71-76	28-30

Pop Dance Costume



**Zumba kids
Hip hop outfit £21.60
Black cap £1.79**

**Direct from
amazon
Sizes 5/6, 7/8,
9/10, 11/12, 13/14**



Reminder Power Fitness Workshop

We have **one** last place in our workshop if anyone would like to join us

Sunday 8th Sept -10.00-14.00

Timetable will be confirmed nearer the time when we know what the weather forecast looks like, and if we can use outside.

Tickets are available on our booking site

£20.00

Workshops are great to burn off unwanted calories that may be picked up over the summer holidays to help get you back on track – average calorie loss is around 1500 calories for just 4 hours of wiggling!!

NEW Restorative /Relaxation class

We will be holding a restorative/relaxation class once a month on a Sunday to help prepare you for the fight or flight stresses that day to day life brings. These classes are very gentle relaxation classes for all abilities.

Bring your pillows/cushions/blankets, even come in your PJ's if you wish to enjoy the full relaxation – give yourself time back to recharge your wellbeing.

Our first class will take place on

Sun 15/09 7.30-8.30 Davenham Meth Hall

You can book 2 months in advance

Forthcoming 2019 dates 06/10, 03/11 and 01/12

Reminder Christmas Night out

We have now secured out booking for our Christmas party night, if there is anyone else wishing to join us then please let us know before October when final payments are due.

Sat 7th Dec.

Tatton Hall Masquerade Ball

£69.50pp

Deposit £10 (balance by 12th Oct)

Reminder No classes on timetable

Summer holidays are here and I will be taking annual leave in August.

Aug 22nd –Sept 2nd

NEW Fitness Party night

We will be holding a Power Fitness Party night on

Fri 27th September 7-9pm

You can book your tickets online

We will have 2 hours of wiggles and giggles followed by social drinks in the bar

Are you ready to welcome the autumn into your life and start your weekend with a wiggle

Reminder Saturday TYGA class

Our next Saturday morning course is

07/09-26/10 (no class 21/09) - £31.50

Come along and maximise your metabolism for the weekend ahead – prepare to get sweaty ☺

Strictly limited availability

NEW Autumn class timetable

As the busy run up to Christmas will soon be upon us, in October we will be checking what your class attendance intentions are throughout November /December so we can confirm our class timetable. We will run classes as long as there are enough participants around each evening, but we always check as appreciate there are lots of other activities that demand you time at that time of year also.

Reminder Cheshire Walk

I have the absolute pleasure of confirming I will be opening the Cheshire Walk again this year with a cheeky warm up.

Arley Hall

Sat 12th October (11am start)

We have set up a fundraising page if anyone would like to join us and link your fundraising page to the group - the team invite code is MW88137

<https://www.memorywalk.org.uk/find-a-walk/cheshire-2019/?team=MW88137>

Reminder Class payments

Due to a change in PSD2 regulations, there will be additional security checks to help mitigate fraud when you make a payment for class bookings via the 'bookwhen' booking page which directs to Stripe.

Booking page reservation link <https://bookwhen.com/powerfitnessnorthwich>

Summary of class timetable http://dancingkidzdance.co.uk/adult_classes.html