



## NEW Dance workshops



Our summer workshop theme will be the LION KING.  
All places have now been allocated.  
**Mon 5<sup>th</sup> – Fri 9<sup>th</sup> Aug**  
Owley Wood Rec Club – 9-3pm daily  
Show performance 9<sup>th</sup> Aug 2.30-3pm

## Reminder Term dates

SUMMER BREAK w/c 23<sup>rd</sup> Jul

### Autumn Term

w/c 2<sup>nd</sup> Sept – w/c 2<sup>nd</sup> Dec

HALF TERM w/c 28<sup>th</sup> Oct

Winter enrolment w/c 25<sup>th</sup> Nov

### Winter Term

w/c 2<sup>nd</sup> Sept – w/c 2<sup>nd</sup> Dec

HALF TERM w/c 28<sup>th</sup> Oct

Winter enrolment w/c 28<sup>th</sup> Nov

## NEW Exam schedule - amended

There is a slight change to practise / exam times from 10.30am – please review the amended schedule and update diaries accordingly

Class	Exam / practise fees	29-Sep	06-Oct	Mock Exam 13/10 & 20/10
Baby Ballet	£20		10.00-10.15	10.00-10.05
Baby Ballet			10.15-10.30	10.05-10.10
Preparatory Ballet	£29		10.30-11.00	10.10-10.25
Preparatory Ballet			11.00-11.30	10.25-10.40
BREAK				10.40-11.00
Musical Theatre	£25	9.30-10.00		11.00-11.15
Zumba (streetdance)	£27	9.00-9.30		11.15-11.20
Grade 1 Ballet	£39	11.10-11.50		11.20-11.35
Grade 1 Ballet		10.30-11.10		11.35-11.50
Grade 1 (CA)	£24	10.00-10.30		11.50-12.00
Primary Ballet	£34	11.50-12.20		12.00-12.15
Primary Ballet		12.20-12.50		12.15-12.30
LUNCH				12.30-13.00
Grade 3 Ballet	£49	13.30-14.10	12.00-12.40	13.00-13.20
Grade 3 Ballet		12.50-13.30	12.40-13.20	13.20-13.40
Grade 5 Ballet	£55	14.10-15.10		13.40-14.10
Grade 1 Ballet (Jenny)	£39	10.30-11.10		14.10-14.25

## NEW Examinations/ Practice

IDTA have confirmed our exam date ☺  
We will know if there are any further changes to timings once the examiner has been allocated and reviewed

### Owley wood rec club, Weaverham

Practice days – Sun 29<sup>th</sup> Sept, 6<sup>th</sup> Oct

Mock Exam day – 13<sup>th</sup> Oct

Exam day – 20<sup>th</sup> Oct

### Practice days

Children get to practise in the exam room with the children they will be entering their exam with. This gives them an opportunity to familiarise themselves with the room layout/ pacing etc and for us to support them with anything they may still be challenged with.

### Mock Exam day

This is a run through of how the exam day will be without the examiner present. Everyone should treat the mock day like an exam day with regards to clothing, no makeup, jewellery, nail varnish, tattoos etc.

**Children will need to be ready for their exam timeslot 30 minutes beforehand, just in case the schedule runs ahead of time.**

### Exam day

The schedule will be the same as the mock exam day, with hopefully less pressure for everyone as everyone will know what to expect ☺  
Exam results can take up to 4 weeks to be received and once known will confirm ahead of the presentation day in November

### Northwich Memorial Hall

**Presentation day - 16<sup>th</sup> Nov**

This is when all the children get to perform on stage in costumes and receive their exam awards

Tickets will be available in September.

Costumes are confirmed below and can be ordered in September so arrive in time for dress rehearsal in October – see attached summary of costumes for each class.

# EXAM SCHEDULE 2019

Number	Ribbon	Child's name	Examination	29-Sep	06-Oct	13/10 Mock exam 20/10 Exam
1	PINK	Poppy Pimblott	Ballet Rosette		10.00-10.15	10.00-10.05
2	BLUE	Sophia Baverstock				
3	YELLOW	Thea Morris				
4	LILAC	Lucia Shrewsbury-Davis				
5		Skyla Totham				
6	ORANGE	Isabella Toon				
7	GREEN	Joyce Cao				
8	CREAM	Esmal Appleton				
9	PINK	Harriet Whitehouse	Ballet Rosette		10.15-10.30	10.05-10.10
10	BLUE	Ella Doherty				
11	YELLOW	Ivy Ellershaw				
12	LILAC	Scarlett Cooke				
13		Anna-Rose Bamford				
14	ORANGE	Isla Farnham				
15	GREEN	Quinn Jones				
16	CREAM	Niamh Tracey	Preparatory Ballet		10.30-11.00	10.10-10.25
17	PINK	Emily Watkins				
18	ORANGE	Evie Clifton				
19	LILAC	Annie Worstencroft				
20	YELLOW	Jess McDermott	Preparatory Ballet		11.00-11.30	10.25-10.40
21	PINK	Zaara Mathew				
22	ORANGE	Evie Boyle				
23	LILAC	Jess Day				
24	YELLOW	Amelia Wilshaw				
<b>Break time</b>						10.40-11.00
25	NA	Jasmine Stephens	Musical Theatre Introductory	9.30-10.00		11.00-11.15
26	NA	Emily Macloed				
27	NA	Scarlett Mae Tilley				
28	ORANGE	Harriette Clarke				
29	NA	Lucy Macloed				
30	YELLOW	Ella Hind				
31	GREEN	Alice Hopwood				
32	NA	Fleur Baines				
33	LILAC	Evie Wheldon				
34	PINK	Imogen Endress				
35	NA	Annie Smith				
36	NA	Nell Johnson	Streetdance (Zumba kids)	9.00-9.30		11.15-11.20
37	NA	Marisa Pereira				
38	NA	Jasmine Stephens				
39	NA	Alaya Taylor				
40	NA	Scarlett Mae Tilley				
41	NA	Poppy Dalton				
42	LILAC	Kiulu Ovenden	Grade 1	11.10-11.50		11.20-11.35
43	YELLOW	Chloe Wood	Grade 1	10.30-11.10		11.35-11.50
44	LILAC	Sophie Ellender				
45	YELLOW	Ella Hind	Grade 1 Class assessment	10.00-10.30		11.50-12.00
46	LILAC	Evie Wheldon				
47	YELLOW	Sreshta Rakeesh	Primary ballet	11.50-12.20		12.00-12.15
48	PINK	Imogen Endress				
49	YELLOW	Grace Williams				
50	LILAC	Summer Tyson	Primary ballet	12.20-12.50		12.15-12.30
51	PINK	Cerys Whitehead				
52	GREEN	Alice Hopwood				
53	LILAC	Jasmine Lastoweckyl				
<b>Lunch time</b>						12.30-13.00
54	PINK	Freya Stamper-Clark	Grade 3	13.30-14.10	12.00-12.40	13.00-13.20
55	YELLOW	Kim Waterhouse				
56	LILAC	Nina Mewies				
57	PINK	Olivia Clifton	Grade 3	12.50-13.30	12.40-13.20	13.20-13.40
58	YELLOW	Megan Keeling				
59	LILAC	Sophie Applebe				
60	LILAC	Millie Woods	Grade 5	14.10-15.10		13.40-14.10
61	YELLOW	Jennifer Bodger				
62	YELLOW	Jennifer Bodger	Grade 1	10.30-11.10		14.10-14.25

**Presentation Day costumes for ordering in September -  
Musical Theatre parents have links for items depending on characters**



**Baby ballet £20**

	SMALL		MEDIUM		LARGE		EXTRA LARGE	
AGE	2-3		3-5		6-8		9-11	
	CM	INCH	CM	INCH	CM	INCH	CM	INCH
HEIGHT	92-98	36-38.5	98-110	38.5-43.5	116-128	45.5-50.5	134-146	53-57.5
CHEST	52-53.5	20.5-21	53.5-56	21-22	58-62	23-24.5	65-73	25.5-28.5
WAIST	49-51	19-20	51-52	20-20.5	53-55	21-21.5	57-61	22.5-24
HIPS	53-55	20.5-21.5	55-60	21.5-23.5	63-69	24.5-27	72-79	28.5-31



**Primary - £27.50**

	SMALL		MEDIUM		LARGE		EXTRA LARGE	
AGE	2-3		3-5		6-8		9-11	
	CM	INCH	CM	INCH	CM	INCH	CM	INCH
HEIGHT	92-98	36-38.5	98-110	38.5-43.5	116-128	45.5-50.5	134-146	53-57.5
CHEST	52-53.5	20.5-21	53.5-56	21-22	58-62	23-24.5	65-73	25.5-28.5
WAIST	49-51	19-20	51-52	20-20.5	53-55	21-21.5	57-61	22.5-24
HIPS	53-55	20.5-21.5	55-60	21.5-23.5	63-69	24.5-27	72-79	28.5-31



**Prep - amazon  
pjs and skirt £23**



**Grade 1 -£27.50**

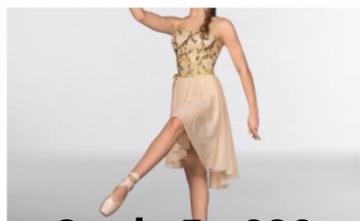
	SMALL		MEDIUM		LARGE		EXTRA LARGE	
AGE	2-3		3-5		6-8		9-11	
	CM	INCH	CM	INCH	CM	INCH	CM	INCH
HEIGHT	92-98	36-38.5	98-110	38.5-43.5	116-128	45.5-50.5	134-146	53-57.5
CHEST	52-53.5	20.5-21	53.5-56	21-22	58-62	23-24.5	65-73	25.5-28.5
WAIST	49-51	19-20	51-52	20-20.5	53-55	21-21.5	57-61	22.5-24
HIPS	53-55	20.5-21.5	55-60	21.5-23.5	63-69	24.5-27	72-79	28.5-31

**Grade 3 -£31/£33.50(adult)**



	SMALL		MEDIUM		LARGE		EXTRA LARGE	
AGE	3-5		6-8		9-11		12+	
	CM	INCH	CM	INCH	CM	INCH	CM	INCH
HEIGHT	92-98	36-38.5	98-110	38.5-43.5	116-128	45.5-50.5	134-146	53-57.5
CHEST	52-53.5	20.5-21	53.5-56	21-22	58-62	23-24.5	65-73	25.5-28.5
WAIST	49-51	19-20	51-52	20-20.5	53-55	21-21.5	57-61	22.5-24
HIPS	53-55	20.5-21.5	55-60	21.5-23.5	63-69	24.5-27	72-79	28.5-31

SIZE	EXTRA SMALL	SMALL	MEDIUM	LARGE	EXTRA LARGE	EXTRA EXTRA LARGE
UK DRESS SIZE	8	10	12	14	16	18
EU DRESS SIZE	36	38	40	42	44	46
US DRESS SIZE	4	6	8	10	12	14
IT DRESS SIZE	40	42	44	46	48	50



**Grade 5 - £30**

UK DRESS SIZE	8	10	12	14	16	18		
EU DRESS SIZE	36	38	40	42	44	46		
US DRESS SIZE	4	6	8	10	12	14		
IT DRESS SIZE	40	42	44	46	48	50		
CM	INCH	CM	INCH	CM	INCH	CM	INCH	
CHEST	76-81	30-32	81-86	32-34	86-91	34-36	91-96	36-38
WAIST	56-61	22-24	61-66	24-26	66-71	26-28	71-76	28-30

**Pop Dance Costume**



**Zumba kids  
Hip hop outfit £21.60  
Black cap £1.79**

**Direct from  
amazon  
Sizes 5/6, 7/8,  
9/10, 11/12, 13/14**



## NEW Power Fitness Workshop

We had lots of FUN at our workshop on 14<sup>th</sup> July, so much we have scheduled another one for

**Sunday 8<sup>th</sup> Sept -10.00-14.00**

Classes will be confirmed nearer the time when we know what the weather forecast looks like, and if we can use outside.

Tickets are available on our booking site

**£20.00**

Workshops are great to burn off unwanted calories that may have been indulged over the summer holidays to get you back on track – average calorie loss is around 1500 calories for just 4 hours of wiggling!!

**Strictly limited availability**

## NEW Saturday morning - TYGA

Feedback from participants in our Saturday morning new Tyga classes has been very positive.

We've now finished for the summer holiday but will be back for a 7 week course in September

**07/09-26/10 (no class 21/09) - £31.50**

Available to book via our booking site

**Strictly limited availability**

## NEW Christmas Night out

We always have an amazing night out at Christmas and 2019 will be no exception!

If you'd like to join us please let us know ASAP as we'll be reserving places and requesting deposits by

**15<sup>th</sup> Aug** everyone is welcome ☺

**SAT 7<sup>th</sup> Dec.**

**Tatton Hall Masquerade Ball**

**£69.50pp**

**Deposit £10 (balance by 12<sup>th</sup> Oct)**

## NEW Class payments

Due to a change in PSD2 regulations, there will be additional security checks when you make a payment for class bookings via the 'bookwhen' booking page which directs to Stripe for payment.

We just wanted you to be aware an extra authentication check maybe required going forward to help reduce fraud.

## NEW Community Fitness Award

Thank you so much for everyone who has voted over the 3 week period voting was open.

Voting is now closed and the results will be announced in November at the community fitness awards – we'll keep you posted if any awards are won.

## Reminder Zumba Masterclass

Thank you to everyone who attended in Feb, it was a fab night - Lovely social get together in the bar afterwards for refreshments too!!

Following the success of the last Masterclass with Bernie, we have another scheduled in September.

**Fri 27<sup>th</sup> September 7-9pm**

You can book your tickets online

**LAST FEW DAYS - Early bird £12 until end July,**

**then £15 from 01/08**

places are strictly limited

## Reminder Cheshire Walk

I have the absolute pleasure of confirming I will be opening the Cheshire Walk again this year with a cheeky warm up.

**Arley Hall**

**Sat 12<sup>th</sup> October (11am start)**

We have set up a fundraising page if anyone would like to join us and link your fundraising page to the group - the team invite code is MW88137

<https://www.memorywalk.org.uk/find-a-walk/cheshire-2019/?team=MW88137>

## Reminder No classes on timetable

Summer holidays are here and I will be taking annual leave in August. Please bear this in mind before booking unlimited monthly passes:-

**Aug 22<sup>nd</sup> –Sept 2<sup>nd</sup>**

**Booking page reservation link** <https://bookwhen.com/powerfitnessnorthwich>

**Summary of class timetable** [http://dancingkidzdance.co.uk/adult\\_classes.html](http://dancingkidzdance.co.uk/adult_classes.html)