



## Reminder Moulton relocation dates

### November dates reminder below

Throughout the year in Moulton, we relocate from the village hall to the Methodist hall to accommodate drama productions, Christmas fayres and elections.

This year we do not need to move for a Christmas fayre however, on **Saturday 10<sup>th</sup> December** the church do need access to the main hall at 2.15pm. This will impact our grade 2 ballet class so we will combine our Grade 1 and Grade 2 ballet groups together on their last day of term, their class will be 1.30-2.10pm.

### Dates we need to relocate from Moulton Village Hall to Moulton Methodist Hall

#### Thursday classes

17<sup>th</sup> November, 26<sup>th</sup> January, 27<sup>th</sup> April

#### Saturday classes

19<sup>th</sup> November, 28<sup>th</sup> January, 29<sup>th</sup> April

## NEW Panto/ English Rose 2016

Miss Laura will be taking part in the Jack and the beanstalk panto at Lowther Pavilion, Lytham St Annes; if you'd like to go along and watch how talented she is you can purchase tickets online.

In addition to Miss Laura's dancing and singing talents, she is a very beautiful lady and won many beauty titles. Please also join me in congratulating Miss Laura on winning Miss English Rose last weekend, she will now be going to America to participate in the USA swimsuit competition, please wish her all the very best of luck ☺

## NEW Enrolment/Term dates

### Winter term 2016

Classes commence - w/c 5th Sept

Half Term - w/c 31<sup>st</sup> Oct

Classes recommence - w/c 7<sup>th</sup> Nov

**\*Moulton classes at Moulton Methodist Hall -  
Thurs 17/11 and Sat 19/11**

Christmas Holidays - w/c 12<sup>th</sup> Dec

**Enrolment dates for the Spring term will be confirmed in next month's newsletter**

## Reminder Dance Workshops

Summer holiday workshops – you can start to reserve your child a place for the following:-

w/c – 31<sup>st</sup> July 2017

**ALICE IN WONDERLAND**

w/c - 7<sup>th</sup> August 2017

**MATILDA**

**Each 5 day workshop is £90, £81 for siblings**

Any children who attend **both** workshops will receive **20% discount**, £144 (just £14.40 a day!)

The children get to learn different dance styles, play team building games, make craft for their performances and perform on stage for their family and friends.

## NEW Half term fancy dress

Children are invited to wear fancy dress costumes or Halloween costumes w/c 24<sup>th</sup> October before we finish for the half term break

We are not going to fundraise this year it's just if the children would like to have a bit of fun ☺

## NEW Thursday class teachers

### Davenham Ballet Classes

Miss Hannah's Maternity leave will start December until the start of the summer term in April.

As 'bump' continues to grow, it can be challenging carrying stock, so we've decided Miss Hannah will only bring requested clothing/shoes to class. If you need anything just let us know in advance.

We have a teacher ready to cover Hannah's maternity leave who will meet all the children before the end of term.

### Moulton Streetdance & Musical Theatre Classes

Miss Laura will continue to teach the classes and either myself or Miss Gemma will be covering the last 2 weeks of this term & first week of the spring term whilst Laura fulfills her Panto commitments.



## NEW Alzheimer's Event/Delamere

It was a privilege to open the Alzheimer's society memory walk event with a Zumba gold warm up at Delamere last weekend – over 3500 people participated in helping raise funds for the charity. Thank you to everyone who made a donation to all the power fitness walkers who managed to raise over £264 in 4 days

If anyone would still like to make a donation please visit <https://www.justgiving.com/teams/mw16powerfitness>

**THANK YOU x**

## NEW Wed Classes from October

Following on from our previous communication regarding changes to our Wednesday classes, we can now confirm **there will be no change to the class times**, but we have moved our Zumba class to **Leftwich High School from 5<sup>th</sup> October!** It's been a while since we zumba'd at Leftwich it's quite exciting!!

## NEW Power Fitness Clothing

**Winter is approaching!!! – brrrrrr**

If you'd like to order a snug Hoodie to help keep you warm leaving class please let us know your requirements by **Sat 8<sup>th</sup> October** when an order will be placed.

We can also order drawstring bags, t-shirts and racerbacks – all details below!

## NEW Clubbercise sticks

We have a few pairs of clubbercise sticks available **to hire at 50p** for anyone wanting to try the class for the first time, or if any clubbers leave their sticks at home by mistake – they are the green sticks so not as good quality as the white ones but ok for emergencies ☺

## NEW Christmas night out

Christmas is approaching and we will be having our annual Christmas gathering on.

**Sat 26<sup>th</sup> November**

No venue has been confirmed at this point but if you would like to come along please shout up as we will be finalising plans within the next 2 weeks.

## NEW Halloween Clubbercise

As Halloween falls on a Monday, we thought we would have a Halloween theme Clubbercise class ☺

Come dressed up spooky, add blood to your clothing, wear spooky makeup and we will be adding a thriller dance to the occasion ☺

## NEW Bounce Course

If you would like to have a bounce dancefit Boogie in the lead up to Christmas just reserve your place online

**Bounce Dancefit (4 week course) - £16**

**Sat 12<sup>th</sup> Nov – Sat 3<sup>rd</sup> Dec**

## Reminder October Timetable

As the dark nights and cold weather starts to creep in, attendance historically drops.

If you are looking to attend classes throughout autumn, can you please reserve your places online.

We will base our timetable on reservations and historic attendance. Keep an eye on Facebook / emails – if you have reserved a place and a class is cancelled you will receive a cancellation email

### Classes stopped until January

Sun Zumba, Mon Zumba and Tues Clubbercise

### Classes currently at risk

**Wed - Zumba, Thurs Blockfit & Cardio Tennis**

#### October timetable

##### Monday

6.30-7.15 Clubbercise

##### Tuesday

6.00-7.00 Zumba

7.10-7.55 Zumba Gold

##### Wednesday

6.15-7.00 – Clubbercise

7.30-8.30 Zumba

##### Thursday

7.00-8.00 Pilates

7.15-8.00 Blockfit

8.00-8.30 Cardio Tennis

##### Saturday

8.45-9.30 Bounce Dancefit

**Booking page reservation link** <https://v1.bookwhen.com/powerfitnessnorthwich>

**Summary of class timetable** [http://dancingkidzdance.co.uk/adult\\_classes.html](http://dancingkidzdance.co.uk/adult_classes.html)

# Power Fitness clothing

**Hoodies £20 – T-shirts £12 – Racerbacks £15**

**BRIGHT HOODIES** (Electric orange, pink, green, yellow)

S - 36, M - 40, L - 44, XL - 48, 2XL - 52

**DARK HOODIES** (Black and Grey)

S - 35/37, M - 38/40, L - 41/43, XL - 44/46, 2XL - 47/49



T-

**SHIRTS** (Safety green, pink & orange, Blue, Ash or Black)

S - 34/36, M - 38/40, L - 42/44, L - 46/48, 2XL - 50/52



**RACERBACKS** (Black, Grey, White)

S - 8/10, M - 12/14, L - 16

Very modern, longer length rib vest with racer-back styling. Cotton Elastane to ensure garment keeps its shape.

**Size**  
S - 8/10, M - 12/14, L - 16

**Fabric**  
96% Cotton, 4% Elastane, 2x1 Rib

**Weight**  
240gsm

