



New Summer Holiday Workshop



MAMMA MIA!

ABBA

Children's Summer Holiday Dance Workshop
Mon 25th July – Fri 29th July (9.30-15.30)
Owley Wood Rec Club, Weaverham, Northwich, CW8 3LS
£90 and £81 sibling

Children will learn dances such as Zumba, Street dance, Glee and Musical Theatre, as well as taking part in team building games throughout the week, before performing on stage for friends/family on their final day!
Call to reserve your child a place – places strictly limited!

dancingkidzdance.co.uk Sharon 07834 612303

NEW Teachers – Maternity cover

Miss Laura has settled in really well teaching our Moulton street dance and musical theatre classes.

The feedback from parents has been lovely.
Thank you for making her feel so very welcome.

Miss Amy has been an angel and so professional. She just gets on with all the classes on Saturdays understanding all my updated messages

Miss Hannah was totally supportive to the dance school in accepting to teach both Wed & Thurs ballet classes in Davenham

What amazing talented teachers we have!

NEW Miss Sharon Knee Operation

Sadly another knee operation is required and scheduled for Monday 27th June!

Miss Laura will be taking the last 3 zumba kids classes in Moulton whilst I am on crutches.

I will be inviting all parents to come into class and watch what the children have been working on this term **on Thurs 23rd June.**

We will be inviting parents into all the other classes as usual at the end of term on enrolment day as detailed below.

NEW Enrolment and Term dates

Moulton classes

Class relocation Thurs 23rd due to the elections

Summer term 2016

Classes commence - w/c 11th April

****Thurs Moulton classes on May 5th and June 23rd are at Moulton METHODIST Hall****

Half Term - w/c 30th May

Classes recommence - w/c 6th June

Summer Holidays - w/c 18th July

Winter term 2016

Classes commence - w/c 5th Sept

Half Term - w/c 31st Oct

Classes recommence - w/c 7th Nov

Christmas Holidays - w/c 12th Dec

SUMMER TERM ENROLMENTS

Enrolment week will be the

last week of term w/c 11th July

I am scheduled to have a knee operation 27th June, so thought prudent to allow extra recovery time so I am able to drive to each location.

If you would like to pass our teachers a cheque anytime beforehand, please write your child's name on the reverse of the cheque – no cheques will be banked until August

Winter Term Fees (13 weeks)

1 Class - £57.20 (card £58.92)

2 Classes - £107.90 (card £111.14)

3 Classes - £158.60 (card £163.36)

Dancingtots - £50.70 (siblings £42.90)



NEW



We haven't had chance to mention we were attending instructor training for clubbercise before now as it all happened so quickly.

We have been considering holding clubbercise classes for the last 2 years, and sure you will love the classes

What is it? - Clubbercise is an aerobic workout to club anthem music in the dark, using clubbercise glow sticks - simple easy to follow moves

How fit do you need to be? - There are various levels of intensity so all abilities can take part in a class, allowing you to choose your workout ☺

What do I wear / need? - You wear usual workout clothing and training shoes.

What Glow sticks do I need? - You need Clubbercise glow sticks which have been health and safety checked, you are not allowed to use any other sticks - just £4 for the pair.

When do classes start? w/c 6th June

Mon - Winsford EACT 6.30-7.15pm

Tues - Owley Wood Rec Club 8-8.45pm

Wed - Hartford Church Hall 6.15-7pm

Reserving a place is essential so we don't exceed capacity - you can book up to 2 mths!

NEW Wed Zumba - June impacts

Our Wednesday Zumba class has some changes due to the school exams at the college:-

Wed 25th May - class is in the theatre room

Wed 8th June - no class as no available room to use

NEW Pilates Summer Course

Our Summer Pilates course is now available to reserve online

Thurs 23rd June - 1st Sept

11 weeks @ £49.50

If we have any PAYG places available once the course has started we will upload them onto our reservation page by Tues 21st June

NEW Class timetable changes

Please ensure you are familiar with our class timetable from June (Clubbercise starting 6th June)

Sunday - Cuddington Hall
6-7pm Zumba

Monday - Winsford EACT
6.30-7.15 Clubbercise
7.30-8.15 Zumba

Tuesday - Owley Wood, Weaverham
6-7pm Zumba
7.10-7.55 Zumba Gold
8-8.45 Clubbercise

Wednesday
6.15-7pm Clubbercise - Hartford Church Hall
7.30-8.30pm Zumba - Mid Cheshire College

Thursday
7-8pm Pilates - Davenham Meth Church Hall
7.15-8pm Blockfit - Leftwich High
8-8.30 Cardio Tennis - Leftwich High

Saturday - Moulton Village Hall (June PAYG)
8.45-9.25 Bounce Dance fit

NEW Knee Operation plan

My knee operation is Mon 27th June (fingers crossed the last one!) so there will be some impact to classes whilst going through recovery.

Either Sue will be taking the classes or there will be a class demonstrator.

Classes impacted:-

Mon 27th June - **No classes** ☒

Tues 28th June - **No classes** ☒

Wed 29th June - **no Clubbercise classes on Wednesdays until Sept** when impact activities permitted again by surgeon

NEW Additional/Cancelled Classes

BALLESTICS - Sat 2nd July

Miss Gemma is available to run 1 ballestics class on 2nd July as there is no bounce dancefit available - reserve a place via our reservation page

SUNDAY ZUMBA - 10th July

There is no class on the above date as Sue has another prior engagement to attend sorry.

Booking page reservation link <https://v1.bookwhen.com/powerfitnessnorthwich>

Summary of class timetable http://dancingkidzdance.co.uk/adult_classes.html